

Why You Should Play Freshman Football

- You are part of the Carson High School Football Program.
- **You become a part of our football “family” at CHS.**
- As part of this “family” you will learn commitment, work ethic, trust, and pride that will carry on with you the rest of your life.
- You will receive the discipline and structure from the program required to compete at the highest levels of high school football in Nevada.
- You play with your best friends and make new friends for the next four years.
- Your memories will last forever.
- You play against by far the best competition in the state of Nevada.
- You are ultimately under the direction of the head football coach at Carson High School.
- You are watched by the head coach and literally “audition” for a varsity spot during your freshman season (if you are talented enough and physically/mentally capable as a sophomore).
- You begin to build a TEAM with players from the two middle schools.
- Our coaching staff wants ALL kids at CHS to be football players. We recruit kids of all backgrounds and races to be a part of our program. All are treated equally and with respect.
- You expand your playing experience past the youth football level to a much higher level. There are no weight limits. Competition level increases dramatically as a freshman.
- Summer Football and Freshman Football are the transition the highly competitive Northern Nevada Division I football conference.
- You start to learn the system of the varsity team at CHS as a freshman.
- You learn the head coach’s expectations of you as a player on and off the field.
- You are coached by coaches who are trained by the head football coach at Carson High School.
- A major goal of the coaches in this program (regardless of level) will be to give players a chance to earn playing time. If you commit to us we want to find you a spot and important role on the team.
- You are introduced to CHS through Coach Roman’s “Big Brother” Program during the summer program.
- You attend the Summer Football Program in which you will be instructed in the fundamentals of football for our system at Carson High School.
- You start to learn important fundamentals in athletic conditioning and training. In particular, in the weight room; especially safe technique in our core lifts, etc.
- You will be developed as a total athlete by our training program, for football and all your sports; not a “bodybuilder”.
- Our conditioning and athletic training program will develop you to compete at the top high school level in football and dominate in all the sports you play.
- You become a part of the biggest rivalry in the state of Nevada. **Carson vs. Douglas.**
- Playing against Douglas High School as a freshman you will compete against them in front of the most spectators that attend any freshman game in the state of Nevada year in and year out.
- You play for the Freshman Pride Trophy. If your team beats Douglas the score and year of your team is inscribed on the trophy and displayed in our weight room.
- You have the opportunity to do the same as a sophomore on JV, and when you are on Varsity.
- Your game scores and game summary will be published in the Nevada Appeal.
- **Finally, and most importantly, you have the opportunity to represent our program with Carson Pride. That means you are expected to keep your grades up, adhere to training rules (no drinking or drugs), and be a good citizen.**
- **This will be an experience that will be with you for the rest of your life....**

Be a part of something special...